



### President's Message

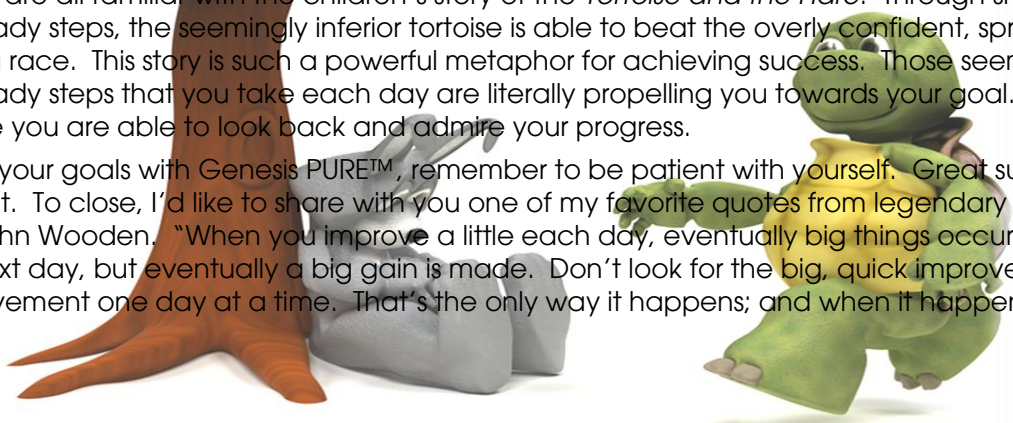
During the most recent ILM Network interview with Black Diamond Presidentials, J.R. & Vickie Burnett, Vickie shared a very powerful tip on how to become successful: Do something every day. Although very simple, this philosophy is a perfect mantra that all of us should adopt.

We are all familiar with the children's story of the *Tortoise and the Hare*. Through small and steady steps, the seemingly inferior tortoise is able to beat the overly confident, sprinting hare in a race. This story is such a powerful metaphor for achieving success. Those seemingly small, steady steps that you take each day are literally propelling you towards your goal. It's only a matter of time before you are able to look back and admire your progress.

As you work towards your goals with Genesis PURE™, remember to be patient with yourself. Great success does not happen overnight. To close, I'd like to share with you one of my favorite quotes from legendary college basketball coach, John Wooden. "When you improve a little each day, eventually big things occur. Not tomorrow, not the next day, but eventually a big gain is made. Don't look for the big, quick improvement. Seek the small improvement one day at a time. That's the only way it happens; and when it happens, it lasts."

Live P.U.R.E.,

*Dawn McHigge*



**PURE Blend of the Month**  
 This month's PURE Blend was submitted by Niki McCluskey from Rochelle, IL!

**PURE Silk® Fruit Smoothie**

- 1 oz Coral Calcium
- 1 oz Goji
- 1 oz Noni
- 1 oz GoYin
- ½ cup Silk Fruit & Protein
- 4-5 ice cubes

Blend all ingredients until smooth. For other variations, add frozen fruit of your choice, 1 oz of Nutrition or even a dropper of Liquid Cleanse!

**Thanks for sharing, Niki!**

If you have a PURE Blend that you would like to share, please email it to [tipsuccess@genesispure.com](mailto:tipsuccess@genesispure.com). If your PURE Blend is featured in a future issue of PURE Connection, you'll receive 50 PAR Points!

**BIG THINGS HAPPEN IN TEXAS!**

JOIN US IN DALLAS

**AUGUST 3-4**

**REGISTER NOW!**

[WWW.GROUPSANDINCENTIVES.COM/GENESISPURE](http://WWW.GROUPSANDINCENTIVES.COM/GENESISPURE)

Genesis PURE™



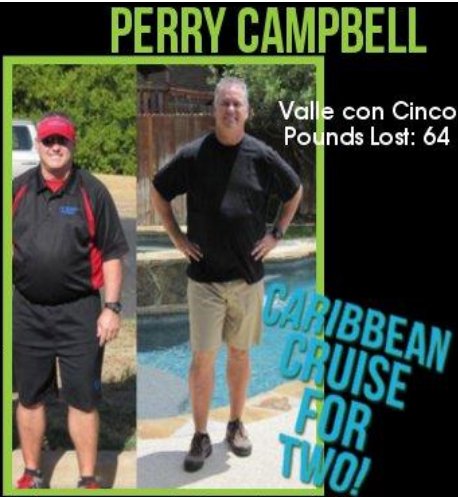
**\$500 SHOPPING SPREE!**

**VAN TRACY** Valle con Cinco Pounds Lost: 25

"I am now in the best shape of my life. My body has undergone a stunning transformation from overweight and lacking definition, to defined and very fit. My wife is stunned and wants to know who this new guy is she's married to! The GPS line was absolutely essential to my success." - Van Tracy

## CINCH BY THE INCH CONTEST WINNERS

"I feel absolutely AMAZING!! I feel as if I am literally 10-15 years younger. A lot of aches and pains that I have had in the past have either gone away completely or have improved significantly. I don't have that period of time when I first get out of bed, where I feel like I'm trying to get my body to shake off the rust. I sleep better, and I am more confident and more focused both at work and home. I don't hit a wall in the middle of my work day like I had become accustomed to in recent years. Another great result is that my wife is so excited that I've lost all this weight because she knows that it has led to a healthier me. As you can see, it has changed my life in many ways." - Perry Campbell



**PERRY CAMPBELL**

Valle con Cinco Pounds Lost: 64

**CARIBBEAN CRUISE FOR TWO!**

Stay Connected!

**Events**

**IBO Event**

Hosted by Blue Diamond,  
Chris Oppenheimer &  
Local Area Leaders

Every Tuesday  
7:00 PM – 8:30 PM

Registrations begins at 6:30  
Embassy Suites – Arboretum  
9505 Stonelake Blvd.  
Austin, TX 78759

**President's Call**

Wednesday, June 6<sup>th</sup>  
7:00 PM, MST  
(832) 225-5280, PIN 88810#

**July Ruby Cruise**

July 16<sup>th</sup> – 20<sup>th</sup>  
Must have previously  
qualified

**Genesis PURE  
Corporate Event**

August 3<sup>rd</sup> & 4<sup>th</sup>  
Dallas Marriott City Center  
Dallas, TX

Register online at  
[www.GroupsandIncentives.com/  
GenesisPURE](http://www.GroupsandIncentives.com/GenesisPURE)

**Diamond Retreat 2012**

September 5<sup>th</sup> – 12<sup>th</sup>  
Rome and Venice, Italy  
Visit the Events page of  
[www.GenesisPURE.com](http://www.GenesisPURE.com)  
to learn how to qualify

For more information on  
Genesis PURE events, visit the  
Events page of  
[www.GenesisPURE.com](http://www.GenesisPURE.com).

Would you like to see your  
event featured in an  
upcoming edition of *PURE  
Connection*? Complete a  
form on our Events page!

**CINCH BY THE INCH TEAM WINNERS**

**\$1500 CASH TEAM PRIZE:**  
**LAVA TUBE, LLC**

LAUREN FAGGARD  
BILLY HILL  
LINDA DUNCAN

MARK FAGGARD  
ROSE NELSON

**POUNDS LOST: 102**  
**BMI POINTS DROPPED: 20.03**  
**EXERCISED: 867 HOURS**

**\$500 TEAM PRIZE:**  
**GUT BUSTERS**  
MOST MINUTES OF  
EXERCISE: 1013 HOURS  
ROSE STRAKA  
TIM STRAKA  
KORRINA PETERSEN  
PATRICK CHRISTENSEN  
MARTIN PETERSEN

**\$500 TEAM PRIZE:**  
**VALLE CON CINCO**  
MOST POUNDS LOST:  
119 LBS  
JAMES PARKER  
MARGARET PARKER  
KRISTIN CAMPBELL  
PERRY CAMPBELL  
VAN TRACY

**\$500 TEAM PRIZE:**  
**KICKBOXING QUEENS**  
MOST BMI POINTS DROPPED:  
23.11 PTS  
ALISA LOFTON  
KATE HATCH  
MELODIE FOSTER  
JAMIE PHILLIPS  
ADRIANN FLEMING



**PURE Across America:  
Phase II**  
**May 5th - June 1st**

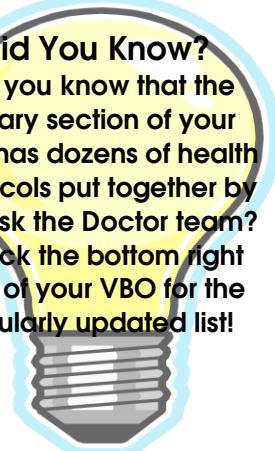
**Cash Prizes!**  
**Weekly Drawings  
for Gas Cards!**

**Share your  
Adventures!**

[www.Facebook.com/  
GenesisPUREcorp](http://www.Facebook.com/GenesisPUREcorp)

**Did You Know?**

Did you know that the  
Library section of your  
VBO has dozens of health  
protocols put together by  
our Ask the Doctor team?  
Check the bottom right  
side of your VBO for the  
regularly updated list!



**Product FAQ**

**Q:** I have a hard time swallowing pills. Can I open the capsules of HealthTrim® Metabolic Boost and dump the contents into a glass of purified water or other Genesis PURE products?

**A:** Absolutely! Once the contents have been emptied, drink immediately.

Submit your question to [askthedoctor@genesispure.com](mailto:askthedoctor@genesispure.com)

Stay Connected!